



# **Agent of Change**

### **Snapshot of the Junior Journey**

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Session 1	Discovering My Power: Girl Scout Juniors have a chance to see their own strengths and powers in everyday ways and compare them to past and present heroines.
Session 2	Great Leaders and Great Teams: Girls connect personal power to the values expressed in the Girl Scout Law. They see their own power in action.
Session 3	<b>Super Shelter-Makers:</b> Girl Scout Juniors discover a team of girls who, in a comic-book-style story, take action to improve their community. The girls create their own supergirl story.
Session 4	<b>Learn, Listen, Act! Taking Idea to Action:</b> The girls begin to see how with team power, they can accomplish great things together.
Session 5	Ready, Set, Take Action: The girls reach out into their community and gather tools and resources needed to take action for change.
Sessions 6 and 7	<b>Time for the Take Action Project:</b> The girls combine the Power of Team and the Power of Community and do their Take Action project.

## Sample Activities for Mapping Your Journey

#### **Traditions:**

Girl Scouts have always loved putting on plays! Act out scenes from books or movies that show girls taking action – or better yet, write your own!

#### **Outdoors:**

Cook over an open fire and learn about the lives of women pioneers.

#### Badges:

Digital Photography: Learn how to snap great

pictures, share them with your family and friends and create a calendar of your best

pictures.

Entertainment Technology: Animate your artwork,

learn how to make a video game and

become a makeup artist

for a stage or film production.

Staying Fit: Find your favorite ways

to move, learn about the right fuel for your body and relax your mind, body, and spirit with

Yoga.

**Trips:** Plan a trip to visit a site that is connected to women who've used their values and skills to change the world, whether it is one of Laura Ingalls Wilder's childhood homes in Wisconsin, or Juliet Gordon Low's birthplace in Savannah, Georgia.

Cookies: Earn the Cookie CEO or Customer Insights badge and use your troop's cookie profits to complete a Take Action project, or help jumpstart your next trip.