



Confirmation Forms

Fill out and mail all forms by **June 5, 2015** to:

Girl Scouts of Wisconsin Southeast, P.O.
Box 14999, Milwaukee, WI 53214-0999
Or email forms to CampiGirl@gswise.org

Form Checklist

*Alverno College Consent Form
Authorization to Administer
Medication Form
Camp iGirl Release Agreement*

Health History Form

Campers are **no longer required to provide a health exam with a doctor's signature** in order to attend camp.

This recent change is different from the information that was printed in the camp book. Please be thorough when completing the health history form. Highlight any health concerns and provide as much additional information as possible to ensure the best experience for your camper. You may provide us with information from your camper's doctor if you feel it will help us better meet your camper's needs.

Camp iGirl Release Agreement

Bring this form to camp open house or check-in. This form is required to pick up a camper from camp.

Safety

The safety and well being of the campers is our top priority. We have a health aide onsite and have CPR and first aid trained staff onsite. We also have a physician on call during the week of camp. All campers are under the supervision of trained staff 24 hours a day. Campus security is patrolling campus and can be easily reached in case of an emergency. Austin Hall is locked at all times and only accessible by keycard. All staff are trained to recognize risks and minimize them. Our camper/adult ratios meet state and Girl Scout standards. Every camper will sign a *Safe Place Agreement* and will be expected to follow the agreement.

Check-In Procedures

When you arrive, enter the campus using the 43rd Street entrance. Park in the parking structure on your left. Walk to Austin Hall, which is on the east side of the parking structure. As you arrive at Austin Hall, you will be welcomed by camp staff. (See attached map.)

Check-In will begin in Austin Hall – First Floor lobby. Check-in times will be staggered by track to decrease wait time. The *Camp iGirl Release Agreement* will need to be turned in at check-in. **All other paperwork should be turned in by June 5, 2015.** Campers arriving after 4:00 p.m. will miss camp activities, so please try to arrive on time. No campers will be able to attend camp if arriving after Sunday evening since they will not have adequate time to work on their projects.

Check-In Times by track:

- 2:00-2:30 p.m. Bio-Investigator and Film Maker
- 2:30-3:00 p.m. Digital Storyteller
- 3:00-3:30 p.m. Media Makeover
- 3:30-4:00 p.m. Photo Journalist

Medication Check-In (Austin Hall-First Floor Lounge) - If your camper has any medications, please check-in with the health aide. *Medications must be checked-in.*

Health Check (Conference Center in Sister Joel Read Center) - Every camper must complete a health check. Parents should remain with their camper until your camper's health check is completed.

Activity Sign-Up (Conference Center in Sister Joel Read Center) - Girls will get an opportunity to choose which activities they would like participate in throughout the week.

Tour (Conference Center in Sister Joel Read Center) - Feel free to join us and your camper for a brief tour of campus.

Check-Out Procedures

Friday, June 26, 2014, 4:00 p.m.

Parents, family and friends are invited to attend the parent program at the Alverno College Conference Center. The parent program will showcase projects completed by the girls. The parent program marks the end of Camp iGirl. Parents and campers can then return to Austin Hall to pick up luggage and say goodbye to their friends.

Campers must check out with camp staff upon leaving. Campers will only be released to the individual(s) indicated on the *Camp iGirl Release Agreement* form and may be asked to show identification. This is done to ensure the safety of your child.

Please remember to pick up all medications from the health aide or camp staff.

Cell Phone Policy: Camp iGirl

To help your camper best enjoy camp activities and get the most out of the experience, **camper cell phones will not be permitted.** Contact a director for any special circumstance where you feel you would need to be in contact during the week. We believe that being at camp is an opportunity for your child to experience a world beyond home.

Open House

**Tuesday, May 26, 2015
6:00-8:00 p.m.**

Austin Hall, Alverno College

Get excited about Camp iGirl as you get a sneak peak at the fun at camp. Take a tour of Alverno's campus, peek inside a dorm room, explore the activities planned for camp and meet some of the camp staff. If you haven't turned in your confirmation forms yet, you may turn forms in to the camp director at this time. Last tour starts at 7:45 p.m.



Parent Guide

iGirl Resident Camp • Summer 2015



Health Information

On opening day, during check-in, campers must undergo a health check and all medications will be turned in to the health aide. Pack them in an easily accessible location. Prescription and/or daily medications are dispensed by the health aide or designee, according to parents' or physician's directions. **GIRLS MAY NOT HAVE MEDICATIONS IN THEIR ROOMS, EXCEPT FOR INHALERS AND EMERGENCY MEDICINES.**

The health aide may dispense over-the-counter medications as needed for headaches, cramps, bug bites, etc.

All medications MUST come to camp in pharmacy bottles with the camper's name, the name of the medication and the current dosage written clearly on the bottle. Without this information, we will NOT be able to accept it. All medications should be indicated on the **Authorization to Administer Medication form**. The following medications are commonly stocked in the camp health room and used on an as-needed basis to manage illness and injury including: Tylenol, Neosporin, anti-itch cream, athlete's foot ointment or powder, aloe, Tums, ibuprofen, Benadryl, eye drops, rubbing alcohol, hydrogen peroxide, laxative, anti-diarrheal, EpiPen. If your camper must bring over-the-counter medication, please make sure all non-prescription medications are clearly marked with the camper's name and are in the original container.

Should a camper become ill or injured at camp, the health aide will administer first aid and follow the written procedures. If a camper becomes so ill that a long rest period is required for recovery or she cannot remain at camp, she may be sent home. If a camper's illness or injury is severe, she will be given emergency care at the scene and then, if necessary, at the hospital emergency room. The parents/guardians will be notified, but in life-threatening situations, treatment may begin before you are notified.

We will call you if the following occurs: emergency services are contacted, a trip to the hospital was made, severe behavior difficulties, an extended illness lasting over 12 hours, or an unusual incident.

Homesickness

Homesickness is a normal reaction. Camp is a marvelous place for a camper to learn that while she may miss her family, she can try new activities, make new friends and have fun! Camp staff will talk gently with campers who feel homesick and help them learn to adjust while separated from family. If a camper cannot adjust, she may be sent home early as an alternative to being unhappy for the remainder of the session. No refunds can be given for campers sent home. See our do's and don'ts lists to help your camper.

Do

- Visit camp ahead of time and attend the Camp iGirl Open House so that your daughter will be familiar with the campus.
- Tell her it is okay to miss home but not to miss the fun.
- Tell her how excited you are for her.
- Send secret mail on the first day of camp or mail letters.
- Send preaddressed envelopes or postcards, stationery and stamps so she can write about her fun each day.
- Pack a picture of the family.

Don't

- Tell her she can call anytime and you will come get her.
- Cry and tell her you are going to be so sad without her.
- Worry. Your natural reaction is to call on the first day just around bedtime to see how your camper is doing. Remember, counselors are trained to recognize and deal with symptoms of homesickness.

Camp Contact Information

Mail

You may drop off any *secret mail* at the check-in table on the first day of camp for your camper to receive throughout the week. You may also send your camper mail throughout the week to:

Austin Hall/Residence Hall
Camp iGirl
Camper's Name
3390 S. 43rd Street
Milwaukee, WI 53219

Visits/Leaving Camp

Visiting times at camp are on opening and closing days during the arrival and departure of campers. Campers will not be permitted to leave campus during the week, except in extenuating circumstances.

Please prioritize your outside commitments during the week of camp. It is highly encouraged that girls remain at camp for the entire week to experience the full value. If your camper has an extenuating circumstance where she needs to leave for a portion of camp, you **MUST** follow these guidelines:

- An additional *Camp iGirl Release Agreement* form must be on file.
- Pick-up and drop-off located at Austin Hall
- Due to field trips and other activities, the camper may not return to camp until 5:30 p.m. that evening.
- Please note lunch is served from noon-1:00 p.m. and dinner 5:30-6:30 p.m. Please plan accordingly as accommodations cannot be made.

The Camp Director

The camp director can be reached prior to camp at: CampIGirl@gswise.org
Kat Weyland, 414-443-3997

During the week of camp, please use the information below to contact staff at Alverno College *in case of emergency*. The camp director will also be available by cell phone at Camp iGirl. Onsite numbers will be given to you when you drop off your camper on opening day.

Alverno College • Main Information Desk
414-382-6000

Girl Scout Emergency Hotline • 800-565-4475

Campus Center/ Residence Hall • 414-471-2784
(This number is for emergencies only.)