



GIRL SCOUT LEADERSHIP WORKSHOPS

ALIGNMENT BETWEEN GIRL SCOUTS & GALS ON THE GO PROJECT MISSION, GEARED TOWARDS EMPOWERING GIRLS TO BECOME LEADERS IN THEIR COMMUNITY.

This Gals on the Go Project's popular Leadership development workshop inspires young girls by participating in self-esteem boosting activities that lead to increased confidence, self-acceptance, and positive self talk.

They will learn how to challenge the "Negative Nancie's" in their head and learn how to create a positive impact in friendships, family and new relationships.



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GIRL SCOUT LEADERSHIP WORKSHOPS 2025-2026 Workshop Topics



Select your own topics to create a unique; I Am... I Can... I Will...workshop. Each topic is 45 minutes in length conducted as an interactive group experience providing education through self exploration and group activities. Workshops are customized to meet age appropriate social & emotional development to be an empathic leader.

Design your custom workshop by picking resiliency building topics and Gals On The Go Project with our team of trained facilitators will develop and bring our interactive I AM...I CAN...I Will...workshop.

I Will:

What makes a good Friend?

Friendships: How to Keep and Nurture your relationships

Embracing differences through finding our own create self

Managing manners

I Am:

Explore your unique gifts. Being different is special, good, and something we should like about each other.

I Can:

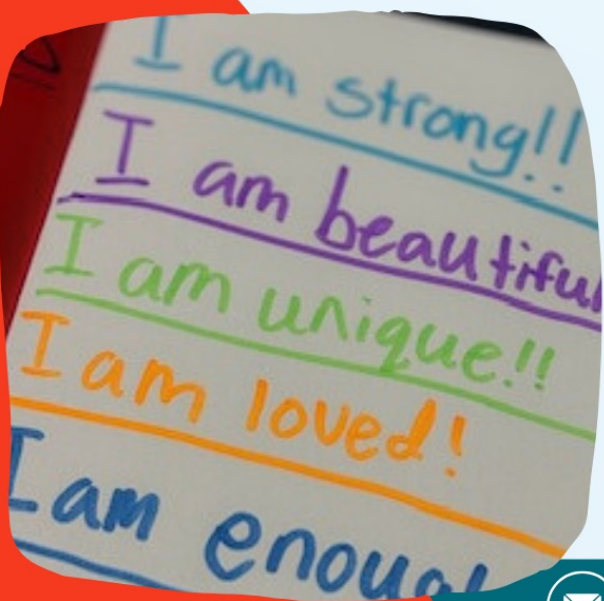
To help kids develop confidence in healthy ways and to cope with disappointment, hurt feelings, being mad and don't give up.

What are somethings that happen when you get mad, sad, disappointed? What does it look like on the outside? What does it feel like in your body?

Take away items to support mindful emotions.

"I LIKE GALS ON THE GO PROJECT BECAUSE IT HELPS YOU EXPRESS YOURSELF AND IT HELPS YOU BOOST YOUR CONFIDENCE. MY FAVORITE ACTIVITY IS THE CRAFTS AND ART THAT GO TOGETHER WITH THE LESSON.

—DELANEY, GIRL SCOUT PARTICIPANT
MEADOWVIEW ELEMENTARY



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