

Exemptions for Outdoor Skills Training

Name:			
Address:	City	Zip	
Day Phone:	Evening Phone:		
School:	Troop Level/number:		
Complete the following information related to an	y prior Girl Scout cam	p training and/or experience:	
Day Camp/Resident Camp Counselor	Date		
CIT as Senior Girl Scout	Date		
Related Training:			
Outdoor skills from another council	Date		
Outdoor cooking training	Date		
Day/Resident Camp	Date		
PA at day camp	Date		
Other reasons why you feel qualified to be exemp	ot from Outdoor Skills	Training:	
Describe your camp planning and program experi	ience, related to your	adult role working with youth.	

Program

Many resources are available to you at camp and prior to attending camp to support the troop camping activities. These resources could come from a trainer, staff person, the Resources Center, book etc. Please list a few other resources.				
List 3 program ideas/activities to do while camping.				
1				
2				
3				
Outdoor Living Skills (use an additional sheet of paper if needed)				
Fire Building				
What are safety precautions for fire building? Include those for the site and for people tending the fire.				
what are safety precautions for me building: include those for the site and for people tending the me.				
Describe a method for starting a wood fire.				
Describe a metrica for starting a weed me.				

Describe the three sizes of wood used for fire building.
Which fuels and fire starters are not allowed?
How would you put out a fire?
Knife Safety List at least 3 important knife safety rules.
1
2
3
Describe how you would teach knife safety to girls.

Outdoor Cooking What factors should girls consider in planning menus? List at least 3 methods of cooking on a wood or charcoal fire. List three different meals that can be prepared as a one-pot meal. How do you prepare cooking pots for easy cleaning before food preparation begins?

List three tips for foil cooking.

List the steps for using a propane stove.
What are three benefits of using a propane stove for cooking?
2
3
Explain how you would clean up after cooking outdoors.
List the proper steps for dishwashing.
Environmental Awareness
How would you explain to your troop:
Why trails and paths should be used.

Why aerosol sprays should not be used.		
What we tell girls about removing living things.		
What implements to use for stick cooking.		
As a registered Girl Scout Volunteer what is your position:		
Exemption Form Approved by:	Date:	